



— An Experiential Workshop —
Dr. Joan Borysenko
in Victoria, Friday, May 29
**Saying Yes to Change:
Essential wisdom
for your journey**

A workshop at the University of Victoria;
on-site registration at David Lam Auditorium
May 29, 9:00am-12:00pm, \$75+GST
Register online at www.spiritheals.ca
or call 250.472.4747.

Dr. Joan Borysenko PhD, is a distinguished pioneer in integrative medicine with a doctorate and fellowships from Harvard Medical School. Her work has been foundational in an international health-care revolution that recognizes the role of meaning, and the spiritual dimensions of life. Joan is the author of the New York Times best seller *Minding the Body, Mending the Mind*.

The world is moving through a time of profound change generating fear and anxiety about an uncertain future – but at the same time raising hope of renewal and positive shifts.

The time between 'no longer' and 'not yet' is called the liminal stage – a sacred space, pregnant with both danger and opportunity. Successfully traversing it requires a set of non-linear competencies that tap into an expanded way of knowing. Join Joan on a journey along a path of innate wisdom and infinite possibilities.

This event is part of an exciting line-up of experiential workshops being held in conjunction with the SpiritHeals Conference.

Co-hosts:



Education Partner:



SpiritHeals
INTEGRATIVE MEDICINE CONFERENCE



Joan
Borysenko



Raymond
Moody



Edgar
Mitchell

An exploration of spirituality
in health and healing

May 29-31, 2009
Victoria, BC Canada

www.spiritheals.ca
info@spiritheals.ca

CME and continuing education credits
available for conference program