



— **An Experiential Workshop** —  
 Sunday, May 31  
**Drawing Inward:  
 Using a pencil to  
 create your own  
 portable oasis**

**Joanne Thomson**

A workshop at the University of Victoria;  
 on-site registration at David Lam Auditorium  
 May 31, 2:30-5:30pm, \$75+GST  
 Register online at [www.spiritheals.ca](http://www.spiritheals.ca)  
 or call 250.472.4747.

**Joanne Thomson**, MAdEd, BA, GN, is a professional Artist and Illustrator with a background in adult education and training in nursing. Her passion is helping adults discover their own creativity through painting and drawing.

The simple act of drawing requires an altered state of consciousness. To draw what is seen the rational and the irrational mind work together. In this workshop participants will experience themselves as artist using right and left hemisphere drawing and feel how drawing can provide an oasis of quiet in a busy life.

*This event is part of an exciting line-up of experiential workshops being held in conjunction with the SpiritHeals Conference.*

Co-hosts:



Education Partner:



**SpiritHeals**  
 INTEGRATIVE MEDICINE CONFERENCE



Joan  
**Borysenko**



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**Moody**



Edgar  
**Mitchell**

**An exploration of spirituality  
 in health and healing**

May 29-31, 2009  
 Victoria, BC Canada

[www.spiritheals.ca](http://www.spiritheals.ca)  
[info@spiritheals.ca](mailto:info@spiritheals.ca)

CME and continuing education credits  
 available for conference program